



GET FIT ACTIVITIES—JUNE 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 30-day Challenge Kick-off 11:30-1:30pm Farmer's Market	2 6-7 p.m. Hike Griffith Park-Greek Theatre	3 6-7 a.m. Boot camp Barnsdall Park 12:15-12:45 p.m. Walk with Doc Barnsdall Park	4
5	6 6-7 a.m. Boot camp Barnsdall Park	7 5-6 p.m. Line Dancing 4841 Hollywood Patio	8 6-7 a.m. Boot camp Noon-1pm Farmer's Market Healthy Cooking Demo	9 6-7 p.m. Hike Griffith Park-Greek Theatre	10 6-7 a.m. Boot camp Barnsdall Park 12:15-12:45 p.m. Walk with Doc Barnsdall Park	11
12	13 6-7 a.m. Boot camp Barnsdall Park	14 5-6 p.m. Line Dancing 4841 Hollywood Patio	15 6-7 a.m. Boot camp Noon-1 p.m. Farmer's Market Healthy Cooking Demo	16 6-7 p.m. Hike Griffith Park-Greek Theatre	17 6-7 a.m. Boot camp Barnsdall Park 12:15-12:45 p.m. Walk with Doc Barnsdall Park	18
19	20 6-7 a.m. Boot camp Barnsdall Park	21 5-6 p.m. Line Dancing 4841 Hollywood Patio	22 6-7 a.m. Boot camp Noon-1 p.m. Farmer's Market Healthy Cooking Demo	23 6-7 p.m. Hike Griffith Park-Greek Theatre	24 6-7 a.m. Boot camp Barnsdall Park 12:15-12:45 p.m. Walk with Doc Barnsdall Park	25
26	27 6-7 a.m. Boot camp Barnsdall Park	28 5-6 p.m. Line Dancing 4841 Hollywood Patio	29 6-7 a.m. Boot camp Noon-1 p.m. Farmer's Market Healthy Cooking Demo	30 12-5 p.m. LAMC Fitness Zone – 4841 Hollywood		