



FREE INTERNET WEIGHT-LOSS TOOLS*

WHEN YOU JOIN WEIGHT WATCHERS AT WORK

Come experience the convenience, motivation and support of Weight Watchers meetings right at your workplace.

Weight Watchers eTools, our Internet weight-loss companion, provides helpful tips and tools to keep you on-track between meetings.

People who both attend Weight Watchers meetings and use eTools lose over 50% more weight on average than those who attend weekly meetings alone.¹



LIMITED TIME OFFER! Get 8 weeks of eTools free when you purchase a 12- to 16-week At Work series starting between March 1 and May 29, 2010. Minimum 15 enrollees required.

Weight Watchers is helping Kaiser Employees to GetFit!

Start a Weight Watchers At Work Meeting at your local Kaiser facility during the 30-day Get Fit Challenge

Special pricing for Kaiser employees!
Only \$126 for a 12 week series which includes 8 week of free eTools!

For more information to get started, contact
1-800-8-AT-WORK

¹Based on 24 week study; Nguyen V et al. Obesity 15 (9S): A221, 2007

*Must purchase a 12- to 16-week series to get 8 weeks of free eTools. Total payment required in advance. Your eTools subscription will automatically renew each month at \$12.95 per month, unless you cancel before the end of your 8 free weeks of eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel. Offer available in participating areas only and is not valid for local Weight Watchers meetings, At Home or Online subscription products. Offer not transferable and price is subject to change. May not be redeemed for cash or combined with other offers. Offer ends 5/29/10.
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